

2008 Viral Hepatitis

Health Leadership Summit

WHEN: Friday, June 20, 2008
8:00 AM - 5:00 PM

WHERE: Sheraton Four Points Baltimore
Conference Center, BWI Airport

The **Hepatitis Foundation International** announces a 1-day professional education and training Summit for health professionals and others working with people who are affected by or infected with viral hepatitis including:

- ✓ nurse practitioners,
- ✓ physician assistants,
- ✓ nurses,
- ✓ pharmacists,
- ✓ social workers,
- ✓ counselors,
- ✓ case managers,
- ✓ dental assistants,
- ✓ all others.

Meet and learn from leading experts in the field of viral hepatitis from the Centers for Disease Control and Prevention, National Institutes of Health, Harvard Medical School, Johns Hopkins School of Medicine, University of Connecticut School of Medicine, and others.

PROGRAM OBJECTIVES

As a result of the conference participants will be able to:

- Describe viral hepatitis risk factors and recommend hepatitis testing for patients,
- Discuss viral hepatitis transmission and prevention with patients using simple and clear language,
- Explain viral hepatitis tests and their meanings,
- Describe major functions of the liver and why the liver is a vital organ,
- List counseling messages for newly diagnosed patients regarding treatment options and maintaining health,
- Discuss the current treatment for hepatitis B and C including expectations for evaluation, duration, side effect management, and the need for support, and
- List patient support strategies to increase treatment completion.

CEUs will be available for nurse practitioners, nurses, pharmacists and substance abuse counselors.

For complete agenda and list of speakers go to:
www.HepatitisFoundation.org

Sheraton Conference Rate - \$140 plus tax.
Call 410-859-3300 to make your reservation.
Ask for the *Hepatitis Summit* rate.

Fax registration forms to: 301-622-4702.

PLEASE PRINT CLEARLY – Register Early!

REGISTRATION INCLUDES: All plenary sessions, breakout workshops, lunches, refreshments, syllabus, educational materials, CEUs and access to exhibits.

Summit Registration: \$ 100.00
Late Registration After June 1: \$ 120.00

Full Name _____

Title _____ Email _____

Affiliation (if applicable) _____

Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

TOTAL AMOUNT ENCLOSED: \$ _____

Credit Card Option: MasterCard Visa

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Make Checks Payable to:



Hepatitis Foundation International
504 Blick Drive, Silver Spring, MD 20904
Phone: 800-891-0707
Fax: 301-622-4702
www.HepatitisFoundation.org

2008 Viral Hepatitis Health Leadership Summit

Morning Plenaries

8:00 Registration and Exhibits Open

9:00 Summit Welcome and Overview

9:15 Liver Health First and Foremost:

- 1) Describe major functions of the liver and why the liver is a vital organ.
- 2) Describe how viruses attack the liver and the consequences.
- 3) Demonstrate patient motivation techniques to engage individuals to assess their own risks.

9:45 Hepatitis A, B, C Easy Buttons to Enhance Patient Education

- 1) Discuss viral hepatitis transmission prevention using simple and clear language.
- 2) Demonstrate simple patient communication techniques around viral hepatitis.

Thelma King Thiel,
Chair & CEO
Hepatitis Foundation
International

Corinna Dan, RN, MPH
Hepatitis Foundation
International

10:00 Evaluation and Management of Chronic Hepatitis C

- 1) Discuss techniques to identify patients who need immediate treatment and those who can be monitored over a period of time.
- 2) Describe expectations for treatment evaluation and duration.
- 3) Discuss specific management activities prior to and during hepatitis C treatment.

Leonard Seeff, MD
National Institutes of
Health, NIDDK

10:45 Break, Networking, Exhibits

11:00 Sorting Out Lab Tests

- 1) Review hepatitis A, B, and C antibody tests and their meaning.
- 2) Discuss hepatitis B test results and their interpretation.
- 3) Review common lab tests that indicate liver function.
- 4) List follow up tests that should be performed after positive antibody tests and periodic tests needed for chronically infected individuals

Ed Marino, PA-C
Porter Hospital Liver
Transplant Service

Luncheon Topic

11:45 Addressing Disparities in Viral Hepatitis

Centers for Disease Control, NCHHSTP

Kevin Fenton, MD

1:00 Hepatitis B: Impeding Liver Cancer Through Prevention and Management

- 1) Describe the sequelae of hepatitis B infection.
- 2) Demonstrate understanding of hepatitis B prevention techniques including identification of those infected and vaccination.
- 3) Discuss evaluation and treatment options for hepatitis
- 4) Review hepatitis B monitoring, side effect management and support needs.

Raymond Koff, MD
University of
Connecticut

Afternoon Plenaries & Break Outs

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|------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|
| 1:30 | Management of Depression & Psychological Issues in Hepatitis C | Glen Treisman, MD |
| | <ol style="list-style-type: none"> 1) Explain the connections between depression and hepatitis C. 2) Review psychological impact of hepatitis C treatment. 3) Identify 3 recommendations for improved patient psychological outcomes for management of hepatitis C | Johns Hopkins
University |
| 2:15 | | |

Break & Exhibits

- | | | |
|--------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|
| 2:30 A | Enhancing Hepatitis Team Efforts - New Approaches to Patient Care | Kathy White, RN, BSN |
| | <ol style="list-style-type: none"> 1) Provide a detailed overview of health care provider issues that need to be considered when caring for patients with chronic viral hepatitis. 2) Discuss the 3 key areas of practice to address with viral hepatitis patients. 3) List 5 prevention messages to communicate to patients. | Nebraska Dept. of
Health |
| | B Case Studies on Side Effect Management- Hepatitis C | LeAnne Vitito, MS, APRN |
| | <ol style="list-style-type: none"> 1) List 4 medical and/or non medical patient support strategies during treatment. 2) Report 3 signs that treatment discontinuation should be considered. 3) Demonstrate understanding of 3 common side effect expectations and preventive measures to increase treatment completion. | University of
Nebraska Medical Ctr. |
| 3:15 A | HIV and Hepatitis Co-Infection: Prevention and Management | Rohit Talwani, MD |
| | <ol style="list-style-type: none"> 1) Discuss the shared risks and need for prevention of viral hepatitis among Individuals at risk for and infected with HIV. 2) Review treatment sequence for those with co-infection. 3) Review and compare disease management and treatment outcomes for HIV and hepatitis C. 4) Discuss the importance of treatment of hepatitis C in co-infection. | University of
Maryland |
| | B Substance Abuse, HIV Counselors, & Social Workers: Case Management Essentials | Panel: Vitito, Marino, White, Dan |
| | <ol style="list-style-type: none"> 1) Identify 4 examples of case management activities to improve outcomes with clients at risk and infected with viral hepatitis. 2) Recognize 3 special issues to be aware of when working with clients at risk for and infected with viral hepatitis. 3) Discuss issues specifically around clients not eligible for HCV treatment and how to improve outcomes for those with ongoing liver disease progression and end stage liver disease. | |

Closing Plenary

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|------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|
| 4:00 | Emerging Trends in Treatment for Hepatitis C | Raymond Chung, MD |
| | <ol style="list-style-type: none"> 1) Review the limitations of the current hepatitis C treatment. 2) Discuss the current trends in new hepatitis C treatment. 3) Discuss 2-3 specific new treatments in development for hepatitis C and existing research. | Harvard Medical
School |
| 4:40 | Wrap up, Next Steps, Evaluation and Close | |
| 5:00 | Close | |

Attention Health Professionals!!!

Summit Update

May 7, 2008

2008 Viral Hepatitis Health Leadership Summit

Hepatitis Foundation International: Responding to the Needs of Patients

It is well established that the role of nurses, other mid-level practitioners, pharmacists, and case managers is essential in the identification and management of hepatitis patients. Patient management is not limited to direct patient care but has far-reaching value including increasing patient awareness regarding risk factors and the need to be tested, effective support for physicians, and support for both patients and their support systems prior to and during treatment.

There is a great need for access to hepatitis in-

formation that is up-to-date, accurate and easy to assimilate into working tools and effective communication techniques. In addition to strengthening secondary prevention skills, we will train health care leadership to deliver the consistent messages that viral hepatitis is preventable and treatable. This conference will empower

these gatekeepers and medical team members with case management strategies, self-help tools, techniques of communicating with patients to help them understand their illness and the importance of the liver, improve compliance with treatment regimens, encourage them to take responsibility for their own healthcare.



**HEPATITIS FOUNDATION
INTERNATIONAL**

Planning Committee

Corinna Dan, RN MPH	Hepatitis Foundation International
Leigh Guarinello, MPH	Inova Training Center (AETC)
Pat Lincoln, RN, ACRN	Delaware AETC
Susan Thompson, RN MPH	North Carolina Department of Health
Ricardo Tull	Philadelphia Department of Health
LeAnne Vitito, MS, APRN	University of Nebraska Med. Ctr.
Kathy White, RN, BSN	Nebraska Department of Health

Application for approval of 6.4 nursing contact hours and 2.1 pharmacology contact hours for APRNs have been made to the Nebraska Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

The Hepatitis Foundation International has applied for 6.4 continuing pharmaceutical education hours through the American Council on Pharmaceutical Education.



Audience:

- Nurse Practitioners
- Physicians Assistants
- Nurses
- Pharmacists
- Counselors
- Case Managers
- Dental Assistants
- All others

Am I Number 12?

- One in twelve people worldwide have chronic viral hepatitis.
- Patients have questions.
- Providers need answers.
- Easy communication tools are available.
- Learn what you need to know at the 2008 Viral Hepatitis Health Leadership Summit.

This program supported by independent educational grants from:

**Vertex
Roche**